

Tonbridge Community Coffee Mornings

A friendly monthly get-together for local people in retirement

Free of
charge
event

- ✓ Live entertainment every month
- ✓ Tea, coffee and cakes provided free of charge
- ✓ Relaxed, welcoming atmosphere to meet new people
- ✓ Disabled access and parking



10.30am - 12.00pm

Starting on Wednesday 29th April

St Stephens Church, 37 Waterloo Rd, Tonbridge, TN9 2SW

Last Wednesday of every month

Subsequent dates will be : 27th May, 24th June, 29th July, 26th Aug, 30th Sep

Hosted by local homecare providers Consultus Care and All About Home Care

consultuscare.com

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Life is better at home

allabouthomecare.co.uk

**ALL ABOUT
HOME CARE**

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Tonbridge, TN9 2SW

These coffee mornings are especially for people in retirement who would enjoy good company, conversation, and a relaxed morning out.

Whether you come on your own or with a friend, you will be made very welcome.

- ✓ Friendly hosts and the chance to meet new people
- ✓ Comfortable seating and wheelchair accessible
- ✓ Live entertainment every month
- ✓ No pressure, no expectations – stay for as long or as little as you like

Please note: Our volunteers are unable to provide personal care or support during the event for those needing extra help.



For more information, please contact us on
01732 355 231 or **01892 575 499**
Email: care@consultuscare.com